

Autumn/Winter 2021



# SAVINGS GUIDE

DO MORE. SPEND LESS.



From seasonal gifts to Halloween treats **My Shopping Discounts** will help you save this season!

[www.myshoppingdiscounts.co.uk](http://www.myshoppingdiscounts.co.uk)

# SPEND SMART THIS AUTUMN AND WINTER

From energy prices, to clothing, to food bills we're all feeling the pinch on our purse strings right now. Which makes the money you can save through our SmartSpending™ offers more important than ever.

Whether you're shopping online or in store, here are all the ways you can spend less and do more this season.



## Instant vouchers

Purchase Instant Vouchers at a discounted price and start saving instantly. Simply show your voucher at the till if you're buying in store or enter the code at the checkout if you're buying online.



## Cashback

Get a fixed amount or a percentage of your total spend back when you shop online. Just click the offer, follow the link, make your purchase and, once the Cashback has been confirmed, you'll be able to spend it online or withdraw it into your bank account.



## Reloadable Cards

Get a Reloadable Card to use with your favourite retailers and you can enjoy huge savings both in store and online. Plus, you can use them alongside other discounts, promotions, loyalty points and offers to save even more.



## EasySaver™ Card

Save 7% at over 40 UK retailers with an EasySaver™ Card. Topping up can be done in as little as 15 minutes the first time and after that they'll be instant. You can do this from your mobile phone, so if you're out and about it couldn't be easier.

Save today, head to:  
[www.myshoppingdiscounts.co.uk](http://www.myshoppingdiscounts.co.uk)



# YOUR QUESTIONS **answered**

**My monthly food bill keeps going up.  
How can SmartSpending™ help me  
save on groceries?**



You're not on your own when it comes to spending more on your food shop. In August, inflation hit its highest rate since 2012 and the continued impact of Covid-19 and Brexit are set to make food prices even more expensive this autumn.

The good news is that our SmartSpending™ discounts and offers can help you start reducing that monthly bill right now!

The best way to save money every time you do a food shop is with Auto Top-ups on our Reloadable Cards. Auto Top-up allows you to schedule regular top-ups for your Reloadable Card(s). Simply choose how much and how often you'd like to top up, and we'll make sure you never miss a great saving.



## How it works?

- 1. Get a Reloadable Card:** Choose a Reloadable Card for your favourite retailer/s and add it to your basket.
- 2. Proceed to checkout:** At the checkout choose the 'Auto Top-up' option.
- 3. Choose your settings:** Set how much and how often you'd like to Auto Top-up your Reloadable Card, and then you're done!

**Here are some of the supermarkets that  
have Auto Top-up Reloadable Cards:**

**Sainsbury's**

**TESCO**

**ASDA**

**M&S**  
EST. 1884

Save today, head to:  
[www.myshoppingdiscounts.co.uk](http://www.myshoppingdiscounts.co.uk)



# Self-care savings

With shorter days and colder weather, this time of year can get us all feeling a little down. So, don't feel guilty about needing some self-care. Plus, the savings you can make through our SmartSpending™ discounts and offers will help you feel even better.



## EAT WELL

Giving our body healthy fuel makes us feel good, physically and mentally. Sugary snacks, in particular, cause blood sugar to spike and crash, which impacts our mood.



Holland&Barrett



INNERMOST



## TAKE A BREAK

Working non-stop causes stress. So, switch off. It doesn't have to be a long getaway, even changing your surroundings for a day can make a big difference.



lastminute.com

Booking.com

Hotels.com



## GET CREATIVE

Concentrating on a task, like drawing or colouring, encourages your mind to relax and worry less. Plus, allowing your mind to 'play' releases feel-good neurochemicals.



## PLANT UP

Interacting with indoor plants has been shown to reduce blood pressure and create a sense of calm. If you're lacking green fingers, go for succulents or air plants.



OKA



GRAHAM AND GREEN

Save today, head to:

[www.myshoppingdiscounts.co.uk](http://www.myshoppingdiscounts.co.uk)



# Save money, SAVE THE PLANET

We all want to do our bit to tackle the climate crisis. But when the 'green' option isn't always the most affordable, making the right decision can be tough. Luckily, with our latest offers, the choice to use 100% renewable energy doesn't have to be. And you can even plant a tree for less to boost your green credentials too.



## Save on the go with the SmartSpending™ app!



Hopefully you'll be able to head out more this autumn and winter than you did last year, and remember you can save on the go with our app. By downloading the SmartSpending™ app you can enjoy your employee discounts wherever you are. Simply go to your app store, search 'SmartSpending', download the app, and log in.

### With the SmartSpending™ app you can:

- Purchase Instant Vouchers and save them to your digital wallet
- Receive push notifications, so you never miss an offer
- Earn Cashback when you shop online with your smartphone.

Get friends and family to download the app and log in using your details, so they can take advantage of your discounts too.



Save today, head to:  
[www.myshoppingdiscounts.co.uk](http://www.myshoppingdiscounts.co.uk)

TREAT YOURSELF TO CHEAPER TECH ON

# BLACK FRIDAY!

While retailers discount a wide range of products on Black Friday, you're always guaranteed to save big on technology. Combine these deals with our own SmartSpending™ offers and those savings could get even bigger.

If you're not sure what tech to buy on 26 November (and don't forget Cyber Monday on 29 November), here are some of Wired's best gadgets of 2021 for inspiration.

Currys  PC World



PHILIPS



Slim, light, yet powerful, **Dell's XPS 13** is the best laptop to buy right now.



With strong battery life and great sound, **Sony WH-1000XM4** headphones are the smartest choice.



Looking for a neat, comfortable, all-round fitness tracker? **FitBit Charge 4** is the one for you.



When it comes to Bluetooth speakers, the **UE Megaboom 3** is Wired's top pick.



Although it's not the cheapest out there, **LG's 65inch 4K OLED TV** is the best there is.

<https://www.wired.co.uk/article/best-gadgets-cool-gadgets>

Save today, head to:

[www.myshoppingdiscounts.co.uk](http://www.myshoppingdiscounts.co.uk)



# Learn a new skill THIS WINTER

There's no better time than now to learn a new skill. So, don't wait until January to set yourself a new challenge. Put your mind to work today and fill your winter nights with new things to learn.



Udemy offers 155,000 online video courses covering everything from Photoshop to project management to playing the piano. And our offers mean you can get them for less.



Invest in a few key items and you could practice your pasta-making skills, become a pro-pickler, or master the art of sourdough.



There are tons of YouTube tutorials to help you improve your photography, whether you go all in on a fancy DSLR or stick to your smartphone.



## LEARNING A NEW SKILL:



Reduces boredom: there's only so many box sets a person can watch



Occupies your mind and helps you focus on something positive



Keeps you motivated by giving you a sense of accomplishment.

Save today, head to:  
[www.myshoppingdiscounts.co.uk](http://www.myshoppingdiscounts.co.uk)



# The SmartSpending shopping guide to... **Christmas gifts**



**You have to be smart to spend less. And our SmartSpending™ shopping guides are here to give you the know-how. This issue, we're talking Christmas gifts and how to get everything you need without spending every penny you have.**

## 1. Set a budget

You can find gifts people will love at any price point, so start with what you can afford, not what you think someone will expect you to spend. Make a list and stick to it.

## 2. Start early

Christmas sales often begin in mid-October, so starting early can really help you save.

## 3. Do your research

Invest time in shopping around. eBay, online outlets and, of course, our SmartSpending™ discounts and offers are all great places to find the perfect gift for that little bit less.

## 4. Choose a theme

Having a theme for all your presents can save you time and hassle when there are lots of people to shop for. Your theme could be books, vouchers, board games, or jumpers.

## 5. Get crafty with the gift wrap

Don't spend on wrapping paper, make your own. With the right touches (or even a skilled bit of potato printing) simple parcel paper can feel super festive.



LIBERTY  
LONDON

ihamper's

SELFRIDGES&CO

LEGO

Hamleys

THE PERFUME SHOP

lookfantastic

Save today, head to:  
[www.myshoppingdiscounts.co.uk](http://www.myshoppingdiscounts.co.uk)



# Enjoy a SmartSpending™ DAY OUT

We all spent a lot of time at home last winter, and as there's no predicting what's in store this year, let's make the most of getting out while we can. What's more, with our deals and offers, you can enjoy a fun day out and still be quids in.



Bond is finally back and he's not the only one. With West Side Story, Spider-Man 3: No Way Home, and Matrix Resurrections all coming to the big screen this winter, there are plenty of reasons to head to the cinema.

**vue**

**REELCINEMA**

*Picture house*

★ cineworld

**ODEON**  
FANATICAL ABOUT FILM



A night of not cooking can be a treat in itself. Meet your mates, take the family, or simply indulge in a quiet bite on your own, and you can delight in the savings as well as the joy of not washing up.

**PIZZA EXPRESS**

**LEON.**  
NATURALLY FAST FOOD

**GIRAFFE**  
WORLD KITCHEN

**Zizzi**

las **IGUANAS**

Mitchells & Butlers

ALL-BAR-ONE

the **Restaurant card**



While it's nice to pamper yourself at home, there's even more pleasure in leaving it to the professionals. Give yourself a chance to unwind with a fresh blow dry, a massage and manicure, or even better, a day at the spa.

**treatwell**  
the new name for Wahanda

Spabreaks.com

**LAVISH**

**wowcher**

**TONI&GUY**

**URBAN**

Save today, head to:  
[www.myshoppingdiscounts.co.uk](http://www.myshoppingdiscounts.co.uk)



# Make a simple **WINTER WREATH**

The house can feel pretty empty once all the baubles and lights are packed away. A few seasonal pieces of décor can help you keep some cosy cheer into the New Year. Try this sweet and simple winter wreath. It takes just minutes to create and can be re-used or freshened up, year after year.

## You will need:

- 4 sprigs of faux greenery (plain pine or snowy pine work well)
- craft wire
- scissors
- brown string
- wired ribbon.



1. Arrange the sprigs in a neat bundle. Wrap craft wire around the stems to keep them together.
2. Wrap string tightly around the grouped stems. When you get halfway, leave two loops of string loose to create a loop for hanging. Then continue to wrap tightly until the stems are covered.



3. Cut the string and tuck the end into the stems.
4. Tie the ribbon in a large bow at the base of the bundled stems.



5. Hang on your door and enjoy.

<https://aprettyfix.com/simple-winter-sweg-wreath-diy/>

hobbycraft

wilko

BLOOM  
& WILD

Save today, head to:  
[www.myshoppingdiscounts.co.uk](http://www.myshoppingdiscounts.co.uk)



# SPEND SMART

ALL SEASON AT

[www.myshoppingdiscounts.co.uk](http://www.myshoppingdiscounts.co.uk)